

AUTUMN TERM

£1.80 per day

WEEK 1 / 4

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Meat Dish of the Day</u>	Lasagne with garlic bread and mixed salad	Chilli con carne with white fluffy rice	Roast chicken with stuffing, roast potatoes and vegetables in season	Tuna pasta bake in a fresh tomato sauce with sweetcorn	Sausages with potato wedges and baked beans
<u>Veggie dish of the Day</u>	Super vegetable chow mein with mixed salad	Home made pizza with coleslaw & mixed salad	Veggie burger in a bun with cheese and mixed salad	Jacket potato with cheese and baked beans	Vegemince bolognaise with pasta shells and mixed salad
<u>Pudding of the day</u>	Chocolate crispy cake	Fruit muffin	Chunky fruit	Fruit flapjack	Apples in butterscotch sauce

WEEK 2 / 5

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Meat Dish of the Day</u>	Spaghetti bolognaise with mixed salad	Mild chicken tikka masala with white fluffy rice	Home made salmon fish cake with peas	Roast beef, yorkshire pud, roast potatoes with vegetables in season	Home made chicken joulons with savoury rice and sweetcorn
<u>Veggie dish of the day</u>	Quorn sausages with homemade wedges and baked beans	Macaroni cheese with vegetables	Jacket potato with cheese and baked beans	Vegetable curry with white fluffy rice	Plain pasta with grated cheese, sweetcorn and carrot sticks
<u>Pudding of the day</u>	Peach muffin	Fruit selection	Carrot cake	Wholemeal shortbread	Chocolate muffin

WEEK 3 / 6

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Meat Dish of the Day</u>	Sausages with pasta, tomato sauce and sweet corn	Home made beefburger in a bun with cheese and mixed salad	Roast pork with apple sauce, roast potatoes and vegetables in season	Shepherd's pie with baked beans	Cod fish fingers, chips and peas
<u>Veggie dish of the day</u>	Jacket potato with cheese and baked beans	Vegetable lasagne with garlic bread and mixed salad	Pesto, cheese and tomato slice with mixed salad	Pasta shells in a fresh tomato sauce with a mixed salad	Pea and potato frittata with mixed salad
<u>Pudding of the day</u>	Banana with melted chocolate	Apple cake	Fruit salad	Marble cake	Fruit jelly

Jacket Potatoes available daily BUT must be ordered